Social Change Now A Guide For Reflection And Connection

social change now a guide for reflection and connection: Social Change Now: A Guide for Reflection and Connection Deepa Iyer, 2022-11-03 A roadmap for those who are ready to deepen their commitment to social justice from racial justice advocate, Deepa Iyer. To engage in social change at this moment in time requires consistent attention, deep reflection, and committed collective action. We are living in a period of overlapping social, economic, and environmental crises, accompanied by failures in public systems and institutions. It's not surprising, then, that when we attempt to engage in social change efforts, many of us feel like we are on a seesaw, swinging from outrage to overwhelm. For those who are just beginning their social change journeys to those who are weary and disillusioned, how can we effectively anchor our commitments to equity, solidarity, and justice? This is the entry point for SOCIAL CHANGE NOW: A GUIDE FOR REFLECTION AND CONNECTION, Deepa Iyer's heartfelt offering to individuals and groups seeking to initiate or deepen their actions in service to social change values. Relying on two decades of work supporting social movements, Iyer introduces a new approach called the social change ecosystem framework, which includes a map of ten roles, from visionary to storyteller to disrupter to experimenter, as well as practices to identify values and strengthen our social change ecosystems. Over the past three years, people and organizations around the world have used the framework to respond to the pandemic, express solidarity during the uprisings against anti-Black racism, and support multiracial coalitions struggling for reproductive rights, immigrant and refugee protections, and climate justice. Social Change Now goes well beyond presenting ideas and frameworks. It's also a practical guide that contains detailed descriptions and real-world examples, reflection prompts (with room to write responses), and accessible tips that can immediately be put into action. Social Change Now is a resource that will accompany individuals and organizations not only in times of crisis, but throughout their lifelong social change journeys to build connected communities and equitable systems in our world. Social Change Now: A Guide for Reflection and Connection enables readers to individually and collectively chart practical pathways and strategies for creating equitable, just, and life-affirming communities. For any educator and professional seeking to help build the anti-oppression capacity of their students, colleagues, or community, this book is an excellent place to start!--Jazmin Pichardo, Assistant Director of Diversity Training & Education, University of Maryland With her book, Social Change Now: A Guide for Reflection and Connection, Deepa Iyer lovingly offers us a roadmap and opportunity to reflect on who we are and who our people are. As so many of us grapple with how to show up for our movements in the pursuit of liberation, this book is a powerful reminder that we don't do this work alone, and we don't have to.--alicia sanchez gill, Executive Director, Emergent Fund Nonfiction.

social change now a guide for reflection and connection: Practicing New Worlds Andrea Ritchie, 2023-10-24 An exploration of how emergent strategies can help us meet this moment, survive what is to come, and shape safer and more just futures. Practicing New Worlds explores how principles of emergence, adaptation, iteration, resilience, transformation, interdependence, decentralization and fractalization can shape organizing toward a world without the violence of surveillance, police, prisons, jails, or cages of any kind, in which we collectively have everything we need to survive and thrive. Drawing on decades of experience as an abolitionist organizer, policy advocate, and litigator in movements for racial, gender, economic, and environmental justice and the principles articulated by adrienne maree brown in Emergent Strategy: Shaping Change, Changing Worlds, Ritchie invites us to think beyond traditional legislative and policy change to create more possibilities for survival and resistance in the midst of the ongoing catastrophes of racial

capitalism—and the cataclysms to come. Rooted in analysis of current abolitionist practices and interviews with on-the-ground organizers resisting state violence, building networks to support people in need of abortion care, and nurturing organizations and convergences that can grow transformative cities and movements, Practicing New Worlds takes readers on a journey of learning, unlearning, experimentation, and imagination to dream the worlds we long for into being.

social change now a guide for reflection and connection: From the Ground Up Stephanie Anderson, 2024-11-19 An award-winning author's powerful exploration of the remarkable women driving transformative change in America's food system It's well known that our industrialized food system has abandoned priorities of nutrition and environmental stability in the pursuit of profit—a model designed to fail, especially as climate change escalates. Yet this groundbreaking book describes a glimmer of hope: a green wave of diverse female farmers, entrepreneurs, community organizers, scientists, and political leaders who operate with the shared goals of combatting climate change through regenerative agriculture, redesigning the food system, and producing healthy, socially responsible food. From the Ground Up, by award-winning author Stephanie Anderson, offers a journey into the root causes of our unsustainable food chain, revealing its detrimental reliance on extractive agriculture, which depletes soil and water, produces nutritionally deficient food, and devastates communities and farmers. Anderson then delivers an uplifting, deeply reported narrative of women-led farms and ranches nationwide, supported by women-led investment firms, farmer training programs, restaurants, supply chain partners, and advocacy groups, all working together to create a more inclusive and sustainable world. From the Ground Up sheds light on a set of inspiring journeys, with stories that will transform the way we think about the food chain—one that can weather the storms of climate change, conflicts, and global pandemics.

social change now a guide for reflection and connection: Emergent Strategy adrienne maree brown, 2017-03-20 In the tradition of Octavia Butler, here is radical self-help, society-help, and planet-help to shape the futures we want. Change is constant. The world, our bodies, and our minds are in a constant state of flux. They are a stream of ever-mutating, emergent patterns. Rather than steel ourselves against such change, Emergent Strategy teaches us to map and assess the swirling structures and to read them as they happen, all the better to shape that which ultimately shapes us, personally and politically. A resolutely materialist spirituality based equally on science and science fiction: a wild feminist and afro-futurist ride! adrienne maree brown, co-editor of Octavia's Brood: Science Fiction from Social Justice Movements, is a social justice facilitator, healer, and doula living in Detroit.

social change now a guide for reflection and connection: The Systems Work of Social Change Cynthia Rayner, François Bonnici, 2021-10-12 The issues of poverty, inequality, racial injustice, and climate change have never been more pressing or paralyzing. Current approaches to social change, which rely on linear thinking and traditional power dynamics to 'solve' social problems, are not helping. In fact, they may only beentrenching the status quo. Systemic social challenges produce bewildering results when we try to solve them due to their complexity, scale, and depth. While strategies to tackle complexity and scale have received significant attention and investment, challenges that arise from deeply-held beliefs, values, and assumptions that no longer serve us well have been largely overlooked. This book draws on stories of committed social changemakers to uncover a set of principles and practices for social change that dramatically depart from the industrial approach. Rather than delivering solutions or being lured by grander visions of 'systems change', these principles and practices focus on the process of change itself. Simple yet profound, these stories distil a timely set of lessons for leaders, scholars, and policymakers on how connection, context, and power sit at the heart of the change process, ensuring broader agencyfor people and communities while building social systems that are responsive in a rapidly-changing world.

social change now a guide for reflection and connection: Rebels, Despots, and Saints Sandhya Rani Jha, 2023-01-17 In decades of community organizing, racial justice, and pastoral work, Sandhya Rani Jha has discovered that communities and individuals who honor and recognize their

ancestors tend to thrive and navigate hard seasons with more ease. People of color and white people alike have a myriad of ancestors (biological, cultural, and movement) who can help us navigate the challenges of today by learning from both the wisdom and follies, the suffering and overcoming, the spiritual practices and the acts of resistance that our ancestors navigated...and sometimes created. With an approachable and conversational tone, Rebels, Despots, & Saints shares case studies of activists and spiritual leaders as well as ways to re-think who our ancestors are and how to relate to them. Writing and discussion prompts and suggestions for personal and community rituals provide readers the tools needed to connect with their own ancestors and find grounding for racial reconciliation and liberation in their own communities. These reflections always connect to the work of dismantling white supremacy as a spiritual practice.

social change now a guide for reflection and connection: The Barefoot Guide to Working with Organisations and Social Change Barefoot Collective (South Africa), 2009 This is a practical, do-it-yourself guide for leaders and facilitators wanting to help organisations to function and to develop in more healthy, human and effective ways as they strive to make their contributions to a more humane society. It has been developed by the Barefoot Collective. The guide, with its supporting website, includes tried and tested concepts, approaches, stories and activities. It's purpose is to help stimulate and enrich the practice of anyone supporting organisations and social movements in their challenges of working, learning, growing and changing to meet the needs of our complex world. Although it is aimed at leaders and facilitators of civil society organisations, we hope it will be useful to anyone interested in fostering healthy human organisation in any sphere of life--Barefoot Collective website.

social change now a guide for reflection and connection: <u>How People Get Power</u> Si Kahn, 2000

social change now a guide for reflection and connection: The Financial Activist Playbook Jasmine Rashid, 2024-09-10 The first and only comprehensive resource designed to empower everyday people with insider knowledge on moving money for a more equitable economy. The money myths end here. We don't need to choose between creating meaningful wealth for ourselves and our families today, or supporting social movements creating a better tomorrow. We don't all need to become certified financial experts to be economically empowered and make a real difference in our communities. And we're far from powerless when it comes to changing the financial system, just because we don't happen to belong to the 1%. Quite the opposite. Financial activism is how everyday people radically reimagine money as a tool for widespread well-being, instead of a weapon of absurdly increasing inequality. It's the antidote to traditional finance that evokes confusion, trauma, and (in the best-case scenario) straight-up boredom. It's how we-the underestimated-collectively resist systems that cause harm to people and the planet for the sake of profit, reclaim wealth that's been stolen, and redesign our relationships with capital and one another, in ways big and small. Going beyond tried financial literacy, The Financial Activist Playbook offers eight accessible, actionable, choose-your-own-adventure strategies for readers to experiment with. Drawing on timely insider knowledge from the worlds of impact investing, social justice, and more, Rashid illuminates a treasure trove of stories: demonstrating how people power can flow big bucks out of extractive industries, and into the economy of care and abundance we deserve. Playbook readers will be equipped to start visualizing and influencing the unique networks of wealth all around each of us, with strategies like Shifting collective budgets and bank dollars; Flexing our role as everyday philanthropists; Leveraging the magic of community investment; And so much more. Laced with refreshing humor, empowering exercises, and a steadfast commitment to truth-telling, Rashid takes readers on an energizing ride of financial possibility and practicality that will reverberate for generations to come.

social change now a guide for reflection and connection: Becoming an Everyday Changemaker Alex Shevrin Venet, 2024-04-01 Educators with a vision for more equitable, caring schools often struggle with where to begin. I'm just one teacher, where can I start to make change? Is it even possible? How do I do this within current constraints? In this new book, bestselling author

Alex Shevrin Venet empowers everyday changemakers by showing how equity-centered trauma-informed practices can guide our approach to school change. Unlike other books on social justice, this powerful resource doesn't tell you which changes to implement; instead, it focuses on helping you develop the skills, strategies, and tools for making change meaningful and effective. Topics include change opportunities and why trauma makes change harder; skills for navigating the change journey such as building relationships, working from strengths, and navigating many streams of information; and sustainable structures for lasting change. Throughout, there are reflection questions to use as conversation-starters with fellow changemakers, as well as Rest Stops so you can pause and process what you are thinking about and learning. This book will help you start your change journey now, putting you and your students on the path to equity, justice, and healing.

social change now a guide for reflection and connection: A Blueprint for Equity-Driven Community College Leadership Pamela L. Eddy, Kim E. VanDerLinden, 2024-08-14 Expert advice and effective strategies for community college leaders who endeavor to embed equity and social justice in institutional policies, practices, and structures

social change now a guide for reflection and connection: When Breath Becomes Air (Indonesian Edition) Paul Kalanithi, 2016-10-06 Pada usia ketiga puluh enam, Paul Kalanithi merasa suratan nasibnya berjalan dengan begitu sempurna. Paul hampir saja menyelesaikan masa pelatihan luar biasa panjangnya sebagai ahli bedah saraf selama sepuluh tahun. Beberapa rumah sakit dan universitas ternama telah menawari posisi penting yang diimpikannya selama ini. Penghargaan nasional pun telah diraihnya. Dan kini, Paul hendak kembali menata ikatan pernikahannya yang merenggang, memenuhi peran sebagai sosok suami yang ia janjikan. Akan tetapi, secara tiba-tiba, kanker mencengkeram paru-parunya, melumpuhkan organ-organ penting dalam tubuhnya. Seluruh masa depan yang direncanakan Paul seketika menguap. Pada satu hari ia adalah seorang dokter yang menangani orang-orang yang sekarat, tetapi pada hari berikutnya, ia adalah pasien yang mencoba bertahan hidup. Apa yang membuat hidup berharga dan bermakna, mengingat semua akan sirna pada akhirnya? Apa yang Anda lakukan saat masa depan tak lagi menuntun pada cita-cita yang diidamkan, melainkan pada masa kini yang tanpa akhir? Apa artinya memiliki anak, merawat kehidupan baru saat kehidupan lain meredup? When Breath Becomes Air akan membawa kita bergelut pada pertanyaan-pertanyaan penting tentang hidup dan seberapa layak kita diberi pilihan untuk menjalani kehidupan. [Mizan, Bentang Pustaka, Memoar, Biografi, Kisah, Medis, Terjemahan, Indonesia]

social change now a guide for reflection and connection: Emotion and Social Theory Simon Williams, 2001-02-27 The emotions have traditionally been marginalized in mainstream social theory. This book demonstrates the problems that this has caused and charts the resurgence of emotions in social theory today. Drawing on a wide variety of sources, both classical and contemporary, Simon Williams treats the emotions as a universal feature of human life and our embodied relationship to the world. He reflects and comments upon the turn towards the body and intimacy in social theory, and explains what is important in current thinking about emotions. In his doing so, readers are provided with a critical assessment of various positions within the field, including the strengths and weaknesses of poststructuralism and postmodernism for examinin

social change now a guide for reflection and connection: Designing Knowledge Economies for Disaster Resilience Pamela Waldron-Moore, 2023-11-10 Disaster research has been studied from many angles, seldom targeting its implications for vulnerable territories in Africa. Entities most subject to the effects of climate change are often undeveloped and located in disadvantaged regions. Post-disaster communities need to scrutinize the social, political, economic, and cultural structures that stagnate sustainable growth. Acknowledging that low economic development and high climate costs cannot coexist, this collected volume interrogates the challenge for disaster-prone territories to determine strategies for restructuring and redesigning their environment. This book proposes the creation of knowledge economies, whereby empowered communities may produce innovative knowledge translatable across the African diaspora.

social change now a guide for reflection and connection: How to Be Yourself Ellen

Hendriksen, 2018-03-13 Picking up where Quiet ended, How to Be Yourself is the best book you'll ever read about how to conquer social anxiety. "This book is also a groundbreaking road map to finally being your true, authentic self." —Susan Cain, New York Times, USA Today and nationally bestselling author of Quiet Up to 40% of people consider themselves shy. You might say you're introverted or awkward, or that you're fine around friends but just can't speak up in a meeting or at a party. Maybe you're usually confident but have recently moved or started a new job, only to feel isolated and unsure. If you get nervous in social situations—meeting your partner's friends, public speaking, standing awkwardly in the elevator with your boss—you've probably been told, "Just be yourself!" But that's easier said than done—especially if you're prone to social anxiety. Weaving together cutting-edge science, concrete tips, and the compelling stories of real people who have risen above their social anxiety, Dr. Ellen Hendriksen proposes a groundbreaking idea: you already have everything you need to succeed in any unfamiliar social situation. As someone who lives with social anxiety, Dr. Hendriksen has devoted her career to helping her clients overcome the same obstacles she has. With familiarity, humor, and authority, Dr. Hendriksen takes the reader through the roots of social anxiety and why it endures, how we can rewire our brains through our behavior, and—at long last—exactly how to quiet your Inner Critic, the pesky voice that whispers, Everyone will judge you. Using her techniques to develop confidence, think through the buzz of anxiety, and feel comfortable in any situation, you can finally be your true, authentic self.

Social change now a guide for reflection and connection: Development and Social Change Philip McMichael, 2016-01-25 In this new Sixth Edition of Development and Social Change: A Global Perspective, author Philip McMichael describes a world undergoing profound social, political, and economic transformations, from the post-World War II era through the present. He tells a story of development in four parts—colonialism, developmentalism, globalization, and sustainability—that shows how the global development "project" has taken different forms from one historical period to the next. Throughout the text, the underlying conceptual framework is that development is a political construct, created by dominant actors (states, multilateral institutions, corporations and economic coalitions) and based on unequal power arrangements. While rooted in ideas about progress and prosperity, development also produces crises that threaten the health and well-being of millions of people, and sparks organized resistance to its goals and policies. Frequent case studies make the intricacies of globalization concrete, meaningful, and clear. Development and Social Change: A Global Perspective challenges us to see ourselves as global citizens even as we are global consumers.

social change now a quide for reflection and connection: Learning to Lead, Leading to Learn Katie Anderson, 2020-07-14 SPECIAL INTRODUCTORY PRICING: Enjoy first-week pricing of \$18.95 on paperback books! Regular retail pricing of \$23.95 becomes effective on July 22nd. It all began with the initial chance meeting of this book's author, Katie Anderson, and the book's subject, Isao Yoshino. She was an American leadership coach and consultant in her mid-career, with a newfound love of Japanese culture. He was an accomplished Japanese people-centered leader at the end of his corporate career, with a lifelong love for American culture and 40 years of inside experience with the Toyota Way. During the next five years, Anderson and Yoshino spent countless hours learning from each other, reflecting on the past, and envisioning the future. The resulting book - written by Anderson and focused on the profound lessons offered by her mentor Yoshino -- is a beautiful, one-of-a-kind tapestry. Much like the weaving of fabric -- where the beginning work is but a glimpse of the final pattern -- this book was created from many layers of intertwined conversations and reflections. If you've ever been mentored -- in business or in life -- by someone whose words, experiences, and perspectives changed you for the better, you know that an entire book of such selfless generosity and deep wisdom could change the world. For today's business professionals -- dedicated to continuous learning and people-centered leadership -- this is that book. Learning to Lead, Leading to Learn is a leadership book that defies generational or cultural divides, offering a refreshing, proven perspective for all those who dare to lead. The Best Leaders Never Lose the Humility for Learning Learning to Lead, Leading to Learn is much more than a collection of Isao Yoshino's personal stories and insights. It's a memorable, entertaining, and poignant way to highlight important leadership lessons, to record pivotal moments in Toyota's history, and to create something to help veteran and aspiring leaders reflect and learn about themselves. Yoshino's experiences help us understand how Toyota intentionally developed the culture of excellence for which it is renowned today, and how one person learned to lead so that he could lead with an intention to learn ... every day and in every way. The only secret to Toyota is its attitude toward learning. -- Isao Yoshino Let the Past Inform the Future: The Role of Reflection in Leadership By looking back at the past, we can learn and therefore shape our future. Through each story in this unique and inspiring book, Anderson shares Yoshino's experiences with leadership and learning, and his efforts at self-improvement while empowering others. Through those stories, you'll hear his reflections on what he learned then ... and what he is re-learning now with a different perspective as he looks back at the totality of his career. A must-read for those who: -- Want to become more people-centered leaders -- Currently practice lean or continuous improvement methods -- Serve in leadership, coaching, or operational management roles -- Want to learn more about Toyota's history and culture -- Are inspired by heartwarming stories of personal discovery and leadership With a foreword by John Shook, Chairman of the Lean Global Network.

social change now a guide for reflection and connection: Wallet Activism Tanja Hester, 2021-11-16 2022 NATIONAL INDIE EXCELLENCE AWARDS FINALIST — SOCIAL/POLITICAL CHANGE • 2022 ASJA ANNUAL WRITING AWARD WINNER — SERVICE • 2022 NAUTILUS BOOK AWARDS GOLD MEDALIST — SOCIAL CHANGE & SOCIAL JUSTICE • 2022 AXIOM BUSINESS BOOK AWARD GOLD MEDALIST — PHILANTHROPY/NONPROFIT/SUSTAINABILITY How do we vote with our dollars, not just to make ourselves feel good, but to make a real difference? Wallet Activism challenges you to rethink your financial power so can feel confident spending, earning, and saving money in ways that align with your values. While we call the American system a democracy, capitalism is the far more powerful force in our lives. The greatest power we have—especially when political leaders won't move quickly enough—is how we use our money: where we shop, what we buy, where we live, what institutions we entrust with our money, who we work for, and where we donate determines the trajectory of our society and our planet. While our votes and voices are essential, too, Wallet Activism helps you use your money for real impact. It can feel overwhelming to determine "the right way" to spend: a choice that might seem beneficial to the environment may have unintended consequences that hurt people. And marketers are constantly lying to you, making it hard to know what choice is best. Wallet Activism empowers us to vote with our wallets by making sense of all the information coming at us, and teaching us to cultivate a more holistic mindset that considers the complex, interrelated ecosystems of people and the planet together, not as opposing forces. From Tanja Hester, Our Next Life blogger and author of Work Optional, comes the mindset-shifting guide to help you put your money where your values are. Wallet Activism is not a list of dos and don'ts that will soon become outdated, nor does it call for anti-consumerist perfection. Instead, it goes beyond simple purchasing decisions to explore: The impacts a financial decision can have across society and the environment How to create a personal spending philosophy based on your values Practical questions to quickly assess the "goodness" of a product or an entity you may buy from The ethics of earning money, choosing what foods to eat, employing others, investing responsibly, choosing where to live, and giving money away For anyone interested in leaving the world better than you found it, Wallet Activism helps you build habits that will make your money matter.

social change now a guide for reflection and connection: What Matters Now Gary Hamel, 2012-01-04 This is not a book about one thing. It's not a 250-page dissertation on leadership, teams or motivation. Instead, it's an agenda for building organizations that can flourish in a world of diminished hopes, relentless change and ferocious competition. This is not a book about doing better. It's not a manual for people who want to tinker at the margins. Instead, it's an impassioned plea to reinvent management as we know it—to rethink the fundamental assumptions we have about capitalism, organizational life, and the meaning of work. Leaders today confront a world where the

unprecedented is the norm. Wherever one looks, one sees the exceptional and the extraordinary: Business newspapers decrying the state of capitalism. Once-innovative companies struggling to save off senescence. Next gen employees shunning blue chips for social start-ups. Corporate miscreants getting pilloried in the blogosphere. Entry barriers tumbling in what were once oligopolistic strongholds. Hundred year-old business models being rendered irrelevant overnight. Newbie organizations crowdsourcing their most creative work. National governments lurching towards bankruptcy. Investors angrily confronting greedy CEOs and complacent boards. Newly omnipotent customers eagerly wielding their power. Social media dramatically transforming the way human beings connect, learn and collaborate. Obviously, there are lots of things that matter now. But in a world of fractured certainties and battered trust, some things matter more than others. While the challenges facing organizations are limitless; leadership bandwidth isn't. That's why you have to be clear about what really matters now. What are the fundamental, make-or-break issues that will determine whether your organization thrives or dives in the years ahead? Hamel identifies five issues are that are paramount: values, innovation, adaptability, passion and ideology. In doing so he presents an essential agenda for leaders everywhere who are eager to... move from defense to offense reverse the tide of commoditization defeat bureaucracy astonish their customers foster extraordinary contribution capture the moral high ground outrun change build a company that's truly fit for the future Concise and to the point, the book will inspire you to rethink your business, your company and how you lead.

social change now a guide for reflection and connection: The Neutrality Trap Bernard S. Mayer, Jacqueline N. Font-Guzmán, PhD, JD, MHA., 2022-01-26 Work for social change through constructive engagement and systems disruption in this practical resource for social change advocates and conflict specialists In The Neutrality Trap, expert mediators and facilitators Bernard Mayer and Jacqueline N. Font-Guzmán deliver an insightful and practical exploration of how to understand the conflicts we face as social change agents. You'll learn about systems disruption and constructive engagement: how to develop the relationships and change strategies that help people, systems, and societies confront their most important social challenges. In this important book, you will: Discover how to challenge the status quo in an effective way Practice how to get into good trouble, and pick the battles worth fighting Learn to be strategic in your approach to social change and sustain your efforts over the long term Perfect for anyone interested in progressing and achieving social justice, The Neutrality Trap is an indispensable guide to engaging in and managing the necessary conflict that comes with meaningful change.

social change now a guide for reflection and connection: Open to Outcome Micah Jacobson, Mari Ruddy, 2004 Combining more than 30 years of facilitating, training and teaching experience, the authors use field-tested approaches to create a group reflection experience that maximizes engagment, participation and, most importantly, learning. The 5 Question Model takes the essential elements of classic learning cycles debriefing and presents them in such a way that they can be quickly understood, used and taught to a wide variety of skill levels.

social change now a guide for reflection and connection: Switch Chip Heath, Dan Heath, 2010-02-16 Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller Made to Stick. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In Switch, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results: • The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients • The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping • The manager who transformed a lackadaisical customer-support team into service

zealots by removing a standard tool of customer service In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. Switch shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

social change now a guide for reflection and connection: Building Powerful Community Organizations Michael Jacoby Brown, 2006 Using stories and exercises from grassroots organizing experience ... [this book] walks you through the steps of starting a new group or strengthening an old one - to build a better world.-Back cover.

social change now a guide for reflection and connection: Onward Elena Aguilar, 2018-03-21 A practical framework to avoid burnout and keep great teachers teaching Onward tackles the problem of educator stress, and provides a practical framework for taking the burnout out of teaching. Stress is part of the job, but when 70 percent of teachers quit within their first five years because the stress is making them physically and mentally ill, things have gone too far. Unsurprisingly, these effects are highest in difficult-to-fill positions such as math, science, and foreign languages, and in urban areas and secondary classrooms—places where we need our teachers to be especially motivated and engaged. This book offers a path to resiliency to help teachers weather the storms and bounce back—and work toward banishing the rain for good. This actionable framework gives you concrete steps toward rediscovering yourself, your energy, and your passion for teaching. You'll learn how a simple shift in mindset can affect your outlook, and how taking care of yourself physically, mentally, and emotionally is one of the most important things you can do. The companion workbook helps you put the framework into action, streamlining your way toward renewal and strength. Cultivate resilience with a four-part framework based on 12 key habits Uncover your true self, understand emotions, and use your energy where it counts Adopt a mindful, story-telling approach to communication and community building Keep learning, playing, and creating to create an environment of collective celebration By cultivating resilience in schools, we help ensure that we are working in, teaching in, and leading organizations where every child thrives, and where the potential of every child is recognized and nurtured. Onward provides a step-by-step plan for reigniting that spark.

social change now a guide for reflection and connection: The Art of Gathering Priva Parker, 2020-04-14 Hosts of all kinds, this is a must-read! -- Chris Anderson, owner and curator of TED From the host of the New York Times podcast Together Apart, an exciting new approach to how we gather that will transform the ways we spend our time together—at home, at work, in our communities, and beyond. In The Art of Gathering, Priya Parker argues that the gatherings in our lives are lackluster and unproductive--which they don't have to be. We rely too much on routine and the conventions of gatherings when we should focus on distinctiveness and the people involved. At a time when coming together is more important than ever, Parker sets forth a human-centered approach to gathering that will help everyone create meaningful, memorable experiences, large and small, for work and for play. Drawing on her expertise as a facilitator of high-powered gatherings around the world, Parker takes us inside events of all kinds to show what works, what doesn't, and why. She investigates a wide array of gatherings--conferences, meetings, a courtroom, a flash-mob party, an Arab-Israeli summer camp--and explains how simple, specific changes can invigorate any group experience. The result is a book that's both journey and guide, full of exciting ideas with real-world applications. The Art of Gathering will forever alter the way you look at your next meeting, industry conference, dinner party, and backyard barbecue--and how you host and attend

social change now a guide for reflection and connection: Strangers in Their Own Land Arlie Russell Hochschild, 2018-02-20 The National Book Award Finalist and New York Times bestseller that became a guide and balm for a country struggling to understand the election of Donald Trump A generous but disconcerting look at the Tea Party. . . . This is a smart, respectful and compelling book. —Jason DeParle, The New York Times Book Review When Donald Trump won the

2016 presidential election, a bewildered nation turned to Strangers in Their Own Land to understand what Trump voters were thinking when they cast their ballots. Arlie Hochschild, one of the most influential sociologists of her generation, had spent the preceding five years immersed in the community around Lake Charles, Louisiana, a Tea Party stronghold. As Jedediah Purdy put it in the New Republic, Hochschild is fascinated by how people make sense of their lives. . . . [Her] attentive, detailed portraits . . . reveal a gulf between Hochchild's 'strangers in their own land' and a new elite. Already a favorite common read book in communities and on campuses across the country and called humble and important by David Brooks and masterly by Atul Gawande, Hochschild's book has been lauded by Noam Chomsky, New Orleans mayor Mitch Landrieu, and countless others. The paperback edition features a new afterword by the author reflecting on the election of Donald Trump and the other events that have unfolded both in Louisiana and around the country since the hardcover edition was published, and also includes a readers' group guide at the back of the book.

Social change now a guide for reflection and connection: Model Rules of Professional Conduct American Bar Association. House of Delegates, Center for Professional Responsibility (American Bar Association), 2007 The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

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world in which we all belong.

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